



WWW.ELCHARROCAFE.COM

## PLANT-BASED MENU

We proudly present our **"PB MENU"** for our plant-based (vegan) guests.

**PB** = plant-based/vegan friendly recipes. **GF** = gluten-friendly items designed for gluten sensitive diets.

We ask that you please monitor your orders and be sure to let your server know of your exact food and recipe preferences so we can better serve you. Please also note that while we work hard to satisfy all dietary related requests, we are not a facility without known allergens including gluten or nuts. Our gluten free & plant-based recipes are produced with our best practices, but we cannot guarantee cross contamination.

### PLANT-BASED TABLESIDE GUACAMOLE **GF / PB** 10.95

Made fresh tableside with haas avocados and your preference of chopped roma tomato, red onion, jalapeño, cilantro, salt, lime to finish. Serves 2-4 with chips

### HOLA HEMP TAMALES STUFFED MUSHROOMS **GF / PB** 9.95

Four Hola Hemp tamale stuffed mushrooms topped with gluten free red enchilada sauce, chopped green olive & chive

### ENSALADAS

#### Tia's Original Topopo Salad **GF / PB** 13.95

Tia Monica's Mayan masterpiece prepared plant-based style with frijoles charros, fresh greens & our house vinaigrette

### PLANT-BASED FAJITA BOWL OR BURRITO **GF / PB** 12.95

Grilled fajita vegetables, avocado and pico salsa with plant-based arroz blanco & frijoles charros

**¡Más Sabor!** add any style below to your burro

**Chimichanga Style** invented by our Tia Monica & perfected with ♥ healthy non-trans-fat oil! +1.25

**Good Planet Enchi-Style** **PB** baked with melted Good Planet plant-based cheese on top & choice of red or green enchilada sauce +3.50

### CHARROVIDA'S JACKFRUIT BIRRIA TAQUITOS **GF / PB** 13.95

Crispy corn **GF** tortillas stuffed with jackfruit birria. 3 per order with fresh pico and avocado-corn salsa, tomato salsita, arroz planta & frijoles charros

### PLANT-BASED NOPALITO ENCHILADAS **GF / PB** 13.95

served with plant-based arroz blanco & frijoles charros

Corn tortillas filled with our nopalitos, topped with our house made gluten free enchilada sauce and plant-based Good Planet cheese

### H O L A H E M P TAMALES **GF / PB** 14.95

Hemp seed, flax, nopales & quinoa tamales of one original and one chipotle kind featuring plant-based arroz blanco, frijoles charros, green tomatillo and red enchilada sauces

### SÍ CHARRO PLANT-BASED PLATTER **GF / PB** 18.95

A plant-based combination platter featuring plant-based arroz blanco & frijoles charros

With one each of a plant-based enchilada de jardín with Good Planet cheese, a Hola Hemp original kind tamal, and crispy jackfruit taquito!

***Are you a fan of plant-based eating or specifically gluten-free?***

***Please also visit our new "Charrovida" located at Oracle & Ina in Tucson, AZ***

*Recipes and content subject to availability and prices are subject to change without notice*