

EL CHARRO

Lunch Combinations

Available Monday thru Friday 11am-3pm

Most feature arroz & frijoles refritos or charros or calabacita vegetables

Featuring 100% All-Natural Chicken, Grass Fed Beef & Sustainable Seafood

A. The Original El Charro Style Beef Taco ^{GF}

seasoned ground beef patty prepared original style in a crisp shell, with salsa basico, peas, radish & queso casero
One 6.95 or Two 9.95

B. Soft Taco

your choice of taco on corn or flour tortillas
or low carb lettuce wrap

Grilled Fish, Grilled Chicken, or Pollo Arizona 9.49

OR

Grilled Shrimp, Carne Asada, or Charro Birria 10.49

^{GF} make it gluten free with corn tortilla or lettuce wrap

C. Una Enchilada ^{GF}

Choose your recipe & your sauce:

red, green, sour cream or non-fat yogurt sauce ♥ 9.49 ea.

Queso (white or yellow), Carnitas, Pollo Arizona,
Calabacitas [v] or Spinach [v]

D. Burritos de la Casa*

Your choice of these delicious lunch size burrito recipes:

Pollo Arizona or Carnitas Ranchero 10.95 each

Charro Beef Birria or Carne Colorado 11.95 each

*¡Más Sabor!

Add any style below to your lunch burrito or chimichanga

Chimichanga	Enchilada Style	Queso Melt	Elegante Style
.95	1.95	1.25	2.95

E. Chipotle Quesadilla with choice of: Pollo Arizona or Chicken Tinga

choice of 100% natural chicken recipes, avocado, &
casero cheese melted in a chipotle seasoned tortilla 9.95

F. Mole con Pollo

Chef Carlotta's mole recipe over
100% natural grilled chicken breast
with arroz blanco, frijoles charros, y tortillas 11.95

G. Two for Tucson [v] ^{GF}

one corn tamal & a Sonoran flat enchilada 9.95

H. El Charro Carne Seca Recipes

your choice of carne seca recipe:
lunch-size platter or burrito* 13.95

I. Charro Rice Bowls ^{GF}

charro beans, arroz blanco, pico salsa

& your choice of recipe:

Shredded Pollo Arizona, Chicken Tinga,

Grilled Chicken, Carnitas or Calabacitas [v] 10.95

Grilled Shrimp or Shredded Beef Brisket 11.95

J. Hola Hemp Tamal & Vegan Taco

Vegan hemp tamal and taco with
charro beans & arroz blanco 11.95

Add a cup of house made tortilla soup to any lunch item for just \$3

Charro Burgers

Charro Torta Burgers

crafted on fresh locally made Mexican artisan bread with
choice of french fries ^{GF} or rice & beans

Original Charro Burger! 12.95

100% USDA grass fed ground beef
chipotle ranch, grilled onion & three cheese blend

Charro Más Bueno Burger 14.95

100% USDA grass fed ground beef, applewood bacon,
fresh avocado & roasted poblano green chiles

Ensaladas

Margarita Ceviche Tostada ^{GF} 11.95

marinated shrimp, crisp romaine, avocado,
margarita-lime dressing & pico salsa

Chef Carlotta's Grilled Chicken Salad ^{GF} 11.95

All-natural chicken, chef's mixed greens, dried cranberry,
fruit, seasoned pepitas & queso casero, choice of dressing*

Tacostada Salads 11.95

chopped greens, frijoles & tostada shell, choice of dressing*

Ground Beef OR Cage Free Grilled Chicken

*Dressings: House Vinaigrette, Non Fat Serrano, Chipotle Ranch, Ranch

Want more El Charro? Full regular menu also available and please ask for our dessert & beverage menus!

We only cook with non-transfat oils and source natural ingredients and HACCP certified produce whenever possible. Note: eating raw or undercooked proteins can cause certain food borne illnesses, especially with persons who have sensitive diets. Please monitor your orders and let us know how we can help. ^{GF} = items designed for gluten sensitive diets. Please also note that while we work hard to satisfy all dietary related requests, we are not a facility without known allergens. Our gluten free recipes are produced with our best practices, but we cannot guarantee cross contamination outside of our controls. Gracias!

#sicharro